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CURRENT ADDRESS

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EDUCATION

1954-59 U. California Berkeley, Bacteriology (Phi Beta Kappa) BA
1963-68 U. California Berkeley, Molecular Biology PhD
1985-86 U. California Berkeley, Public Health Nutrition MPH

LICENSE

New York State Certification in Nutrition, License #000007

PRIMARY APPOINTMENTS

1988- **New York University, Steinhardt School, Department of Nutrition, Food Studies & Public Health**

2004- Paulette Goddard Professor

2003-04 Professor and Director of Public Health Initiatives

1988-03 Professor and Chair

2006- **New York University, Arts & Science, Department of Sociology**
Professor (Honorary)

OTHER ONGOING APPOINTMENTS AND ACTIVITIES

Visiting Professor

2006- **Cornell University, College of Agriculture, Division of Nutritional Sciences**
Visiting Professor (Honorary)

Columnist

2007- *Bark Magazine*, nutrition editor (with Malden Nesheim)

2008- *San Francisco Chronicle*, Food Matters column

Internet

2007- Daily (almost) blog at www.whattoeatbook.com

2007- Weekly (almost) Q and A at www.eatingliberally.com

PAST APPOINTMENTS

1986-88 **Office of Disease Prevention and Health Promotion,
Department of Health and Human Services, Washington, D.C.**
Staff Director for Nutrition Policy and Senior Nutrition Policy Advisor
Managing Editor, 1988 *Surgeon General's Report on Nutrition and Health*

1976-86 **University of California San Francisco, School of Medicine**

Administrative

Associate Dean, School of Medicine, Human Biology Programs
Administrative Director, Medical Scientist Training Program (MD/PhD)
Acting Director (1983-84)
Director, John Tung/American Cancer Society Clinical Nutrition Education Center
(1984-86)

Faculty

1976-85 Lecturer: Biochemistry and Biophysics (1976-85), Medicine (1979-84),
Family and Community Medicine (1984-85)
1985-86 Adjunct Associate Professor, Family and Community Medicine
1983-86 Associated Faculty, Institute for Health Policy Studies

1971-76 **Brandeis University, Waltham, MA**

1971-73 Lecturer in Biology
1974-76 Assistant Professor of Biology

RECENT VISITING APPOINTMENTS

2007 **University of California Berkeley, Graduate School of Journalism**
Visiting Professor, Spring Semester

2006 **University of California, Berkeley, Schools of Public Policy, Public Health, and Journalism**
Visiting Professor, Spring Semester

RESEARCH TRAINING

1959-61 Encephalitis Research Laboratory, School of Public Health, UC Berkeley: Laboratory
Technician/Research Assistant
1963-68 Department of Molecular Biology, UC Berkeley: Predoctoral Trainee
1968-71 Department of Biology, Brandeis University: Postdoctoral Fellow (Biochemistry, 1968-70;
Developmental Biology, 1970-71)

RESEARCH INTERESTS: PUBLIC HEALTH NUTRITION

- Food and nutrition policy development and analysis (domestic and international), with a focus on dietary guidance; social and environmental influences on food choice; the politics of food safety; and the effects of food industry marketing on children's diets and health.
- Communicating information about the links among agriculture, food, nutrition, and health to students, professionals, and the public.

HONORS AND AWARDS (Last 5 years)**2003**

- Association of American Publishers, Outstanding Professional and Scholarly Titles of 2002 (Nursing & Allied Health), *Food Politics*
- James Beard Foundation Book Award (Literary), *Food Politics*
- James Beard Foundation Who's Who in Food and Beverage in America (Lifetime Achievement)
- World Hunger Year Harry Chapin Media Award (book), *Food Politics*
- *Vanity Fair*, Food Snob's Dictionary (Entry)
- *San Francisco Chronicle* Best Books of 2003, *Safe Food*
- Rhoda Goldman Distinguished Lecture in Health Policy, Goldman School of Public Policy, University of California, Berkeley
- Helmut Schumann Annual Lecture on Healthful Living, Dartmouth Medical Center, Hanover, NH
- Distinguished Annual Lecture, Council on Nutritional Anthropology, American Anthropological Society, Chicago
- Robert Wood Johnson Presidential Lecture, Princeton, NJ

2004

- *Saveur*, The *Saveur* 100 Favorites
- UCLA Center for Society, the Individual, and Genetics, Distinguished Fellow
- *New York Daily News*, 100 Women Who Shape Our City
- Daniel E. Griffiths Research Award, NYU Steinhardt School of Education, *Safe Food*
- Alumna of the Year, University of California Berkeley, School of Public Health
- *Time*, Obesity Warrior
- American Public Health Association, David P. Rall Award for Advocacy in Public Health
- *Organic Style*, Environmental Power 50 List "Guardian of Good Eating"
- Saul O. Sidore Annual Lecture University of New Hampshire, Durham
- Elected Graduation Speaker, University of California School of Public Health, Berkeley
- Ninth Annual Carl Martinson Lecture, University of Minnesota School of Public Health, Minneapolis

2005

- American Association for the Advancement of Science, Fellow
- National Committee for Quality Assurance 2005 Health Quality Award
- American Society for Nutritional Sciences, Fellow

2006

- California Public Health Association--North, Bridging the Gap Award for Excellence in Science and Public Policy Writing
- San Francisco *Bay Guardian* 2006 Best of the Bay Award: Food Politics Lecture Series, Goldman School of Public Policy, University of California Berkeley
- Amazon.com editors' Top Ten Books of 2006, Health, Mind, and Body (*What to Eat*, #2)
- Professor of Sociology, NYU (Honorary)
- Visiting Professor, Nutrition Sciences, Cornell University (Honorary)
- *Eating Well* magazine, "Must-Read," *What to Eat*
- University of Toronto, 32nd Annual Edna W. Park Lecture

2007

- National Multiple Sclerosis Society Books for a Better Life Award (Wellness), *What to Eat*
- Nation's Restaurant News 50: Health Authorities
- University of California Alumni Association Centennial, 100 Berkeley Luminaries
- James Beard Award (Reference), *What to Eat*
- *Cooking Light*, Mover and Taste Shaper
- Natural Gourmet Institute Award for Excellence in Health-Supportive Food Education
- Charmaine and Maurice Kaplan Distinguished Lecture in Cancer Prevention, University of California San Diego Moores Cancer Center
- University of Wisconsin Union Directorate Distinguished Lecture, Madison
- Seventh Annual Rocky Young Lecture, Santa Monica College, California
- Annual President's Lecture, University of Oklahoma Honors College, Norman
- Annual Albert Howard Memorial Lecture, Navdanya Centre, New Delhi, India
- Annual Lecture in Honor of Sidney Mintz, Anthropology Department, Johns Hopkins, Baltimore

2008

- Eighth Annual Anne E. Dyson Memorial Grand Rounds Lecture, University of Rochester Strong Memorial Hospital, Pediatric Department
- Sander Gilman Distinguished Scholar Lecture, NYU
- Public Health Solutions, Policy and Advocacy Solutions Award

PROFESSIONAL MEMBERSHIPS: CURRENT

American Association for the Advancement of Science
 American Public Health Association
 American Society of Nutrition
 Association for the Study of Food and Society
 Center for Science in the Public Interest
 Culinary Historians of New York City
 International Association of Culinary Professionals
 James Beard Foundation

Les Dames d'Escoffier
 Public Health Association of NYC
 Slow Food USA

PROFESSIONAL COMMITTEES AND BOARDS**Current**

- 2006- National Commission on Industrial Farm Animal Production and Public Health
 2005- Slow Food, USA, Advisory Board
 2005- Chez Panisse Foundation, Advisory Board
 2004- Union of Concerned Scientists, Advisory Board
 2002- California Center for Public Health Advocacy, scientific advisor
 2000- Data Management Committee, WHELs clinical trial, University of California San Diego Cancer Center
 1998- New York Hall of Science, Distinguished Science Sponsor
 1995- Harvard Business School and J.F. Kennedy School of Government, Private and Public, Scientific, Academic and Consumer Food Policy Committee (PAPSAC)

Past (Selected)

- 2002 New York State Health Department heart disease prevention plan, chair
- 1998-01 FDA Science Advisory Board
- 1995-96 American Cancer Society, Prevention Subcommittee on Nutrition; Dietary Guidelines Committee, *Chair*
- 1994-95 DHHS/USDA Dietary Guidelines Advisory Committee
- 1993-97 New York State Commission on Dietetics and Nutrition
- 1992-95 FDA Food Advisory Committee
- 1991-93 National Association for Public Health Policy, Council on Food Policy, *Vice-Chair*
- 1990-91 U.S. Olympic Committee, Council on Sports Medicine and Science, Nutrition Subcommittee
- 1988-94 New York Academy of Medicine, Committee on Public Health, Subcommittee on Nutrition Education, *Chair* (1992-93)
- 1988-93 Center for Science in the Public Interest, Board of Directors
- 1986-88 DHHS Nutrition Policy Board, *Staff Director*
- 1976-86 California Nutrition Council
- 1976-86 Episcopal Sanctuary Advisory Board

EDITORIAL ADVISORY BOARDS (Current)**U.S.**

- Bark Magazine (nutrition editor)
- Eating Well
- Nutrition Week
- Gastronomica
- Journal of Public Health Policy
- The Lancet (editorial consultant)

International

- Public Health Nutrition (U.K.)
- Journal of Culinary Science & Technology (Dublin)
- Food and Foodways (U.K.)

MANUSCRIPT REVIEWS (Current)

- American Journal of Clinical Nutrition
- American Journal of Public Health
- European Journal of Public Health
- Journal of the American Medical Association
- Journal of the American Public Health Association
- Journal of the National Cancer Institute
- Journal of Public Health Policy
- Public Health Nutrition

INTERNATIONAL CONSULTING

2002-05 World Health Organization (WHO), Geneva
 2002 World Bank
 1995 WHO Regional Office for Europe, Copenhagen
 1989 Hungarian Ministry of Health and Social Welfare, Budapest
 1990 Ministry of Health, Havana
 1991 WHO Regional Office for Europe, Health Ministry of Mauritius
 1986 U.S. Agency for International Development, Bangkok and Jakarta

NEW YORK UNIVERSITY SERVICE (Selected)

2008- Committee on Promotion and Tenure, Steinhardt School of Education
 2004-05 Committee on Promotion and Tenure, Steinhardt School of Education
 2004- Faculty Collections Advisory Committee, Bobst Library
 2003-04 Steering Committee, Global MPH Program
 1996-98 Committee on Promotion and Tenure, School of Education (*Chair*, 1998)
 1995-98 Whitehead Faculty Fellowship Review Committee
 1991-98 Curriculum Challenge Grant review committee
 1988-92 Wagner School of Public Service, Advanced Management Program for Clinicians, advisory committee

TEACHING EXPERIENCE**2006-08**

- Nutrition in public health (NYU, Department of Nutrition, Food Studies, and Public health, fall 2005, 2006, 2008 (graduate); spring 2008 (undergraduate))
- Food and nutrition policy (Schools of Public Policy, Public Health, and Journalism, UC Berkeley, spring 2006)
- Food politics (Schools of Public Policy, Public Health, and Journalism, UC Berkeley, spring 2006)
- Interpreting science (Graduate School of Journalism, UC Berkeley, spring 2007)
- Food sociology (NYU, fall 2007)

NYU: 1988-Present

Community nutrition
 Complementary nutrition therapy
 Doctoral seminar
 Food and culture
 Food politics and policy
 Food sociology
 International nutrition
 Introductory nutrition
 Nutrition for food professionals
 Nutrition in public health
 Research applications
 Program planning
 Social and behavioral determinants of health

University of California San Francisco School of Medicine: 1976-86

Cell structure and function

Biochemistry

Clinical nutrition: medicine, pediatrics, obstetrics and gynecology, family & community medicine

Brandeis University: 1968-76

Introductory biology, lecture and laboratory

Cell biology

Research laboratory studies: invertebrate and vertebrate zoology, botany

Introductory nutrition

INVITED PRESENTATIONS, 2007-2008**2007**

- Jan 13 Tucson: Slow Food film festival (**keynote**)
- Jan 15 Tucson: Canyon Ranch (lecture)
- Jan 17 New York: James Beard Foundation, Beard on Books (talk and signing)
- Jan 29 Berkeley: University of California Graduate School of Journalism series on science reporting (lecture)
- Jan 30 Castroville, CA: Ocean Mist Management Staff (lecture)
- Feb 5 Berkeley: University of California Graduate School of Journalism series on science reporting (lecture)
- Feb 6 Palo Alto: Draeger's Cooking School (lecture and reading)
- Feb 8 Berkeley: University of California School of Public Health, course on food policy (lecture)
- Feb 12 Berkeley: University of California Graduate School of Journalism series on science reporting (lecture)
- Feb 15 La Jolla, CA: **Charmaine and Maurice Kaplan Distinguished Lecture in Cancer Prevention**, University of California San Diego Moores Cancer Center
- Feb 16 Corvallis, OR: Oregon State University (public lecture)
- Feb 17 Corvallis, OR: Extension Small Farms, Farm Direct Marketing Conference (**keynote**)
- Feb 19 Berkeley: University of California Graduate School of Journalism series on science reporting (lecture)
- Feb 20 San Rafael: Elephant Pharmacy (talk and signing)
- Feb 22 Berkeley: University of California School of Public Health course on the politics of public health (lecture)
- Feb 26 Berkeley: University of California Graduate School of Journalism series on science reporting (lecture)
- Mar 1 Berkeley: Elephant Pharmacy (talk and signing)
- Mar 5 Madison: University of Wisconsin Population Health Sciences Institute (lecture)
- Mar 5 Madison: **University of Wisconsin Union Directorate Distinguished Lecture,**

- Mar 7 NYU: Casa Italiana, Celebration of *Satyr Square* (panel)
- Mar 10 NY: Left Forum (panel)
- Mar 13 Lexington, KY: *Growing Kentucky II*, University of Kentucky (**keynote**)
- Mar 20 Huntington, NY: Cinema Arts Center showing of *Our Daily Bread* (commentary)
- Mar 21 New York: Mt Sinai Medical Center weight management resource fair (book signing)
- Mar 27 Ithaca, NY: Ithaca College food politics master class (lecture)
- Mar 27 Ithaca NY: **Ithaca College Scholar-in-Residence Lecture**
- April 10 San Francisco: NYU Regional Alumni Program
- April 11 San Francisco: Commonwealth Club Interview/Slow Food
- April 12 Los Angeles: NYU Regional Alumni Program
- April 14 Chicago: International Association of Culinary Professionals (panel on eco-gastronomy)
- April 14 Chicago: International Association of Culinary Professionals (lecture)
- April 17 Washington, DC: Conference on food marketing to children (final remarks)
- April 18 Washington, DC: Library of Congress (lecture)
- April 18 Washington, DC: National Academy of Sciences Marian Koshland Science Museum (lecture)
- April 24 NY: Society of Food Service Management conference on the politics of food (plenary lecture)
- April 27 Santa Monica: **Santa Monica College, Seventh Annual Rocky Young Lecture**
- April 28 Los Angeles: L.A. Times Book Fair (panel)
- May 5 San Francisco: Ferry Building Farmers' Market, Commission on Urban Ecology and Sustainable Agriculture (talk)
- May 6 Berkeley: University of California Food Group, UCB, USSC, UCD (talk)
- May 8 Mountain View: Google (lecture)
- May 8 San Francisco: California Academy of Sciences and City Arts & Lectures (conversation with Michael Pollan)
- May 9 Seattle: University Bookstore (lecture)
- May 10 Vancouver: Barbara Jo's Books (talk and signing)
- May 14 Vancouver: Barbara Jo's Books (lecture)
- May 17 Monterey: Monterey Bay Aquarium conference on sustainable systems (lecture)
- May 18 San Diego: The City Club and Catfish Club (talk and book signing)
- May 19 Irvine, CA: U.C. Irvine Susan Samueli Center for Integrative Medicine, Wellness symposium (**keynote**)
- May 21 Denver: Denver City Club Forum (talk and book signing)
- June 7 New York: March of Dimes National Communications Advisory Council (lecture)
- June 7 NYU: The Real Dirt on Farmer John (film showing and panel presentation)
- June 11 Amherst: University of Massachusetts Tastes of the World 13th Annual Chef Culinary Conference (plenary lecture)
- June 14 NYU: Fales Library Critical Topics series (panel)
- June 16 Ithaca, NY: Borders Books (reading and book signing)

- June 28 Philadelphia: Philadelphia Free Library (lecture)
 July 6 Adelaide, Australia: Adelaide Festival of Ideas (2 panels)
 July 7 Adelaide, Australia: Adelaide Festival of Ideas (plenary lecture)
 July 8 Adelaide, Australia: Adelaide Festival of Ideas (panel)
 August 4 Chicago: yKos convention (panel)
 Sept 19 Norman, OK: University of Oklahoma Honors College (class lecture)
 Sept 19 Norman, OK: **University of Oklahoma Honors College Annual President's Lecture**
 Oct 2 New Delhi, India: Navdanya Centre, **Annual Howard Memorial Lecture** on Gandhi's Birthday
 Oct 3 Dehradun, India: Navdanya course on food safety and food security (lecture)
 Oct 4 Dehradun, India: Navdanya course on food safety and food security (panel)
 Oct 10 Ithaca, NY: Cornell Cooperative Extension annual conference (**keynote**)
 Oct 16 NY: Cosmopolitan Club (lecture)
 Oct 18 NYU: Experimental Cuisine Collective (lecture)
 Oct 19 NYU: Casa Italiana Mediterranean Diet Conference (lecture)
 Oct 30 Albany: New York State WIC Association, Desmond Hotel (lecture)
 Nov 1 New Haven: Yale Rudd Center on obesity (lecture)
 Nov 5 New York: Princeton Club (lecture), NYU Alumni
 Nov 12 NYU: Wagner School (panel on farm bill)
 Nov 14 New York: Food Theater Project, After Show Café (talk)
 Nov 17 New York: Integrative Nutrition (lecture)
 Nov 28 Christchurch: New Zealand: New Zealand Ministries of Agriculture, Forestry, and Fisheries, Primary Industries Summit (plenary)
 Dec 5 NYU: Sociology Department Colloquium (lecture)
 Dec 6 Baltimore: **Sidney Mintz Annual Lecture**, anthropology department, Johns Hopkins

2008

- February 5 New York: St Vincent's Hospital Pediatric Grand Rounds (lecture)
 February 12 Los Angeles: California Endowment (2 lectures)
 February 21 NYU: Global Public Health Integrative Seminar (lecture)
 February 27 New York: Eating Liberally (panel)
 February 28 New York: Calhoun School, School and Society Initiative (lecture)
 February 29 Princeton: Society of Fellows food conference (lecture)
 March 5 Santa Barbara: Orfalea Fund event on school food (Q and A with Morgan Spurlock)
 March 6 Menlo Park, CA: Stanford University, ethics and society program (lecture)
 March 7 Menlo Park, CA: Stanford University, ethics and society program (seminar)
 March 19 Rochester, NY: **Annual Anne E. Dyson Memorial Grand Rounds**, University of Rochester Pediatrics Department, Strong Memorial Hospital
 March 27 NYU: Sander Gilman Distinguished Scholar Lecture, Silver 6-8 pm (panel)
 April 4 Wesleyan, CT: Wesleyan Shasha Seminar for Human Concerns (**keynote**)
 April 8 Washington, DC: Trans Atlantic Consumer Dialogue (**keynote**)
 April 30 San Luis Obispo: Provost's Civic Engagement Speaker
 May 1 Berkeley: School of Public Health (lecture)

- May 3 Napa: Copia Center for Food and the Arts (panel)
- May 4 San Francisco: Grace Cathedral public forum (talk)
- May 17 NYU: College of Nursing Alumni meeting (**keynote**)
- May 20 New York: Science Tonight with Ira Flatow (conversation)
- June 3 Copenhagen, Denmark: Nordic Nutrition conference (**keynote**)
- June 5 NYU: Fales Library (panel)
- June 9 Ramapo College, Havemeyer Edible Garden (lecture)
- July 14 Stevens Point, WI: University of Wisconsin, National Wellness Institute (**keynote**)
- August 14 Chautauqua, NY: food week conference (lecture)
- August 24 Berkeley, CA: Holistic Hound (book talk)
- August 25 Berkeley, CA: Noe Valley Pets (book talk)
- August 26 San Francisco: Commonwealth Club (talk)
- August 28 Napa: Master Gardeners of Napa County at Copia, (**keynote**)
- August 30 San Francisco: Slow Food Nation (panel)
- September 9 Zurich: European Food & Beverage Risk conference (**keynote**)
- September 11 Parma, Italy: Barilla (lecture)
- September 16 New York: Global health meeting (panel)
- September 18 Cambridge: Harvard Books (book talk)
- September 20 Boston: Public Health Advocacy Institute (**keynote**)
- September 24 New York: Culinary Historians of New York (panel)
- September 27 Ithaca: Borders Books (book talk)
- October 3 NYU: Feast and Famine (book talk)
- October 4 NYU: School food conference (**keynote**)
- October 9 Washington, DC: Politics and Prose (book talk)
- October 16 Houston, TX: Food writers conference
- October 18 NYU: NYU Medical Center obesity course (lecture)
- October 21 NYU: Alumni event (talk)
- October 29 Duluth, MN: College of St. Scholastica, Department of Peace and Justice (**keynote**)
- November 5 Ithaca: Cornell Hans Bethe House lecturer
- November 8 Washington, DC: Green Festivals (talk)
- November 13 Toronto: Ontario Ministry of Agriculture, Food and Rural Affairs, 2008 Outlook Conference (plenary)
- November 14 NYU: Dumplings and Dynasties: The Regional Cuisine and Food Culture of China conference (panel)
- November 17 New York: Bulldog Reporter Food and Beverage PR Summit (**keynote**)
- November 18 Tecate, Mexico: Rancho La Puerta (talks)
- November 23 Boston, PAPSAC, Kennedy School (talk)
- December 2 New York: Mid-Manhattan Library (lecture)
- December 3 New York: D.H. Shaw Co (lecture)
- December 4 Hyde Park: Culinary Institute of America (lecture)

PUBLICATIONS

Thesis

Nestle M. Purification and properties of a nuclease from *Serratia marcescens*. Berkeley: University of California 1968.

Books

Nestle M. *Nutrition in Clinical Practice*. Greenbrae CA: Jones Medical Publications 1985: 328 pages.
Asian edition: Maruzen Publishers, Singapore, 1986
Greek edition: G.K. Parisianes Publisher, Athens, 1987

Nestle M. *Food Politics: How the Food Industry Influences Nutrition and Health*. Berkeley: University of California Press, 2002: 457 pages.
Paperback edition: University of California Press, 2003.
Chinese edition: Social Sciences Academic Press, Beijing,
(Liu Wenjun et al, translators, simplified characters) 2004.
Japanese edition: Tokyo: Tuttle-Mori Agency, Inc, 2005.
Revised edition, University of California Press, 2007

Nestle M. *Safe Food: Bacteria, Biotechnology, and Bioterrorism*. Berkeley: University of California Press, 2003: 350 pages.
Paperback edition: University of California Press, 2004.
Chinese edition: Social Science Academic Press, Beijing
(Huang Yu-Tong et al, translators, simplified characters), 2004.
Japanese translation: Tamako Hirose and Hiroko Kubata, translators, Iwanami-Shoten, Tokyo
(expected 2008)

Nestle M. *What to Eat*. New York: North Point Press (Farrar, Straus and Giroux), 2006: 611 pages.
Paperback edition: 2007
Hebrew edition, Tel Aviv: Modan and Kineret Publishers, 2007.

Nestle M. *Pet Food Politics: The Chihuahua in the Coal Mine*. Berkeley: University of California Press, 2008: 219 pages.

Edited Books

Department of Health and Human Services, Public Health Service. *The Surgeon General's Report on Nutrition and Health*. Publ. No. (PHS) 88-50210. Washington DC: U.S. Government Printing Office, 1988, 712 pages [*Managing Editor*].

Reprint: Prima Publishing, 1989.

Reprint: Warner Books, 1989.

Nestle M, Dixon LB, eds. *Taking Sides: Clashing Views on Controversial Issues in Nutrition and Food*, New York: McGraw Hill/Dushkin, 2004.

PUBLISHED ARTICLES, SELECTED, SINCE THE MID-1990s**Professional Articles (Selected)**

Nestle M. The law and nutrition. *New York State Bar Journal* 1994;May/June:38-41.

Nestle M. Traditional models of healthy eating: alternatives to techno-food. *Journal of Nutrition Education* 1994;26:241-245.

Nestle M. Folate and neural tube defects: policy implications. *Journal of Nutrition Education* 1994;26:287-293.

Nestle M, Dalton S. Food aid and international hunger crises: the United States in Somalia. *Agriculture and Human Values* 1994;11(4):19-27.

Mueller C, Nestle M. Regulation of medical foods: toward a rational policy. *Nutrition in Clinical Practice* 1995;10(1):8-15.

Nestle M. Mediterranean diets: historical and research overview. *American Journal of Clinical Nutrition* 1995;61(suppl):1313s-1320s.

Young LR, Nestle M. Portion sizes in dietary assessment: issues and policy implications. *Nutrition Reviews* 1995;53:149-158.

Young LR, Nestle M. Food labels consistently underestimate the actual weights of single-serving baked products. *Journal of the American Dietetic Association* 1995;95:1150-1151.

Rose D, Nestle M. Welfare reform and nutrition education: alternative strategies to address the challenges of the future. *Journal of Nutrition Education* 1996;29:61-66.

Nestle M. Alcohol guidelines for chronic disease prevention: from prohibition to moderation. *Social History of Alcohol Review* 1996;32-33:45-59. Reprinted in: *Nutrition Today*, 1997.

Nestle M. Alcohol guidelines for chronic disease prevention: from prohibition to moderation. *Nutrition Today* 1997;32(2):86-92.

Young LR, Nestle M. Variation in perceptions of a "medium" food portion: implications for dietary guidance. *Journal of the American Dietetic Association* 1998;98:458-459.

Nestle M, Wing R, Birch L, et al. Behavioral and social influences on food choice. *Nutrition Reviews* 1998;56:s50-s64.

Singer AJ, Werther K, Nestle M. Improvements are needed in hospital diets to meet dietary guidelines for health promotion and disease prevention. *Journal of the American Dietetic Association* 1998;98:639-641.

Nestle M. The selling of olestra. *Public Health Reports* 1998;113:508-520.

Nestle M. In defense of the USDA Food Guide Pyramid. *Nutrition Today*, 1998;33(5):189-197.

Nestle M, Woteki C. Interpretation of dietary change in the United States: fat as an indicator. *Appetite* 1999;32:107-112.

Nestle M. Hunger in America: A Matter of Policy. *Social Research* 1999;66(1): 257-282.

Nestle M. Meat or wheat for the next millennium? Plenary lecture: animal v. plant foods in human diets and health: is the historical record unequivocal? *Proceedings of the Nutrition Society (U.K.)* 1999;58:211-218.

Nestle M. Dietary supplement advertising: a matter of politics, not science. *Journal of Nutrition Education* 1999;31:278-282.

Nestle M, Jacobson MF. Halting the obesity epidemic: A public health policy approach. *Public Health Reports* 2000;115:12-24.

Reprinted (in part) in: *Nutrition Week*, 2000.

Reprinted in: Klimis-Zacas DJ, ed. *Annual Editions: Nutrition*, 13th ed, 2001-2002. Guilford, CT: McGraw-Hill/Dushkin, 2001:102-110.

Reprinted in: *The Snail*, December 2003.

Nestle M. Soft drink "pouring rights:" marketing empty calories. *Public Health Reports* 2000;115:308-319.

Nestle M. Ethical dilemmas in choosing a healthful diet: Vote with your fork! *Proceedings of the Nutrition Society (U.K.)* 2000;59:619-629.

Kumanyika SK, Morssink CB, Nestle M. Minority women and advocacy for women's health. *American Journal of Public Health* 2001;91:1383-1388.

Nestle M. Food company sponsorship of nutrition research and professional activities: A conflict of interest? *Public Health Nutrition* 2001;4:1015-1022.

Young LR, Nestle M. The contribution of expanding portion sizes to the U.S. obesity epidemic. *American Journal of Public Health* 2002;92:246-249.

Byers T, Nestle M, McTeirnan A, Doyle C, Currie-Williams A, Gansler T, Thun M, and the American Cancer Society 2001 Nutrition and Physical Activity Guidelines Advisory Committee. American Cancer Society Guidelines on Nutrition and Physical Activity for Cancer Prevention: Reducing the Risk of Cancer with Healthy Food Choices and Physical Activity. *CA Cancer Journal for Clinicians* 2002;52:92-119.

Young L, Nestle M. Expanding portion sizes in the U.S. marketplace: Implications for nutrition counseling. *Journal of the American Dietetic Association* 2003;103:231-234.

Lewin A, Lindstrom L, Nestle M. Food industry promises to address childhood obesity: preliminary evaluation. *Journal of Public Health Policy* 2006;27:327-348.

Young L, Nestle M. Portion sizes and obesity: Response of fast food companies. *Journal of Public Health Policy* 2007;28:238-248.

Nestle M. Eating made simple. *Scientific American*, September 2007:60-69.

Editorials and Commentary (Selected)

Nestle M. The politics of dietary guidance--a new opportunity [editorial]. *American Journal of Public Health* 1994;84:713-715.

Nestle M. Allergies to transgenic foods--questions of policy [editorial]. *New England Journal of Medicine* 1996;334:726-728.

Nestle M. Fruits and vegetables: protective or just fellow travelers? *Nutrition Reviews* 1996;54(8):255-257.

Nestle M. Broccoli sprouts as inducers of carcinogen-detoxifying enzyme systems: clinical, dietary, and policy implications [editorial]. *Proceedings of the National Academy of Sciences* 1997;94:11149-11151. Reprinted in: *Nutrition Reviews*, 1998.

Nestle M. Toward more healthful dietary patterns—a matter of policy [editorial]. *Public Health Reports* 1998;113:420-423.

Nestle M. Nutrition and women's health: the politics of dietary advice [editorial]. *Journal of the American Medical Women's Association* 2001;56:42-43.

Nestle M. Deconstructing dietary guidelines. *Gastronomica*, February 2001:3-4.

Fried EJ, Nestle M. The growing political movement against soft drinks in schools [commentary]. *Journal of the American Medical Association* 2002;288:2181.

Nestle M. Increasing portion sizes in American diets: more calories, more obesity [commentary]. *Journal of the American Dietetic Association* 2003;103:39-40.

Nestle M. The ironic politics of obesity [editorial]. *Science* 2003;299:781.

Nestle M. Not good enough to eat [commentary]. *New Scientist* 2003;177 (February 22):25.

Nestle M. In praise of the organic environment. *Global Agenda* (World Economic Forum, Davos), 2005:218-219. Reprinted in:

- *Co-op Community News* (Community Food Co-op, Bellingham WA), April 2005
- George-Warren H, ed. *Farm Aid: A Song for America*. Rodale Press, 2005:209-210.

- Nestle M. Preventing childhood diabetes: The need for public health intervention [editorial]. *American Journal of Public Health* 2005;95:1497-1499.
- Nestle M. Food marketing and childhood obesity—a matter of policy [Perspective]. *New England Journal of Medicine* 2006;354:2527-2528.
- Nestle M. Food industry and health: mostly promises, little action. *Lancet* 2006;368:564-565.
- Nestle M. Food safety and food security: a matter of public health. *Bija (India)* 2007;45:34-37.
- Woolf SH, Nestle M. Do dietary guidelines explain the obesity epidemic? *American Journal of Preventive Medicine* 2008;34(3):263-265.
- Ludwig DS, Nestle M. Can the food industry play a constructive role in the obesity epidemic? *JAMA* 2008;300 (October 15).

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